

Fresh Ideas/Helias price list 2015-16

ENTREES

All entrees unless otherwise stated	1.9
Deli sandwiches/wraps	2.5
Spicy Chicken large on bun	2.9
Tacos, Burritos, Hot Pockets, Crisпитos	1.00 each
Specials- priced at time of production	

SIDES

All potato items	1.5
Bread Sticks	.50 each
Egg Rolls	1.00 each
Fresh Fruit not on salad bar	0.8
Nachos	1.5
Vegetables	0.8

SALAD BAR

Plate	3.5
Bowl	2.5
Ranch on side for other than salad	0.5
Empty plate or bowl	0.25

SOUP BOWL

2.75

CHIPOLE BAR

3.75

DESSERTS and OTHER

Bagels	1
Brownies	0.8
Cake	0.8
Cheese sauce	0.3
Chips	0.75
Cookies homebaked	.25 each
Cream Cheese	0.5
Jello Cups	0.8
Large Muffin	1.6
Packaged Cookies and Snacks	0.8
Pie assorted	1.5
Cherry Pie	1.75
Pudding cup	0.8
Rice K Treat	0.8
Yogurt Parfait	2
Grapes, Cheese & Crackers	1.9
Donut/Danish	1.25
CD Yogurt	1

DRINKS

All bottled drinks	1.25
Cappuchino	1.5
Milk	0.1

BREAKFAST

1 Biscuit	0.6
1 Biscuit and Gravy	1.3
2 Biscuit and Gravy	2.1
Breakfast Sandwich	1.75
Breakfast Wrap	2
Muffin	1.6
2 sl. Bacon	0.8
1 Sausage Patty	0.65
1 Egg	0.6
Yogurt Parfait	2
Donut/Danish	1.25
CD Yogurt	1
Pop Tart 2 each	1.5
Oat Meal Packet	0.65