



HELIAS CATHOLIC HIGH SCHOOL
CRUSADERS
JEFFERSON CITY | MISSOURI



GIRLS CROSS COUNTRY 2017

VARSITY

NAME	YEAR
Lani Andrews	9
Madalynn Berkey	9
Elly Bowles	11
Katerina Careaga	12
Amy Cook	11
Alicia Engelbrecht	12
Ashley Eskens	11
Abby Hake	12
Maya Heckart	11
Taylor Koelling	11
Danielle Kroll	11
Kelsi Lennon	10
Claire McDonald	12
Katherine McDonald	12
Catherine Roehl	12
Anna Schnieder	9
Reagan Taggart	11
Emma Veltrop	10
Marcy Wicks	10
Morgan Yanksey	10

COACH: Brake Hake

ASSISTANTS: Steve Engelbrecht

MANAGERS: Madeline Mueller, Emily Eskens, Aidan Lammers,
Madelyn Moellers, Kaitlyn Pecher

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ATHLETIC TRAINER: Jessica Wieberg | jwieberg@heliacatholic.com

ATHLETIC TRAINING SERVICES PROVIDED BY PEAK SPORT AND SPINE