

Helias Catholic High School

2023-2024 Bell Schedule

Regular Schedule			
First Lunch		Second Lunch	
Period 1	8:00 - 8:54	Period 1	8:00 - 8:54
Period 2	8:59 - 9:51	Period 2	8:59 - 9:51
Period 3	9:56 - 10:48	Period 3	9:56 - 10:48
Lunch	10:48 - 11:14	Period 4	10:53-11:45
Period 4	11:19 - 12:11	Lunch	11:45 - 12:11
Period 5	12:16 - 1:07	Period 5	12:16 - 1:07
Period 6	1:12 - 2:03	Period 6	1:12 - 2:03
Period 7	2:08 - 3:00	Period 7	2:08 - 3:00

Mass Schedule			
First Lunch		Second Lunch	
Period 1	8:00 - 8:41	Period 1	8:00 - 8:41
Period 2	8:46 - 9:27	Period 2	8:46 - 9:27
Period 3	9:32 - 10:13	Period 3	9:32 - 10:13
Mass	10:23- 11:33	Mass	10:23- 11:33
Lunch	11:33- 11:59	Period 4	11:38 - 12:18
Period 4	12:04 - 12:44	Lunch	12:18 - 12:44
Period 5	12:49 - 1:29	Period 5	12:49 - 1:29
Period 6	1:34 - 2:14	Period 6	1:34 - 2:14
Period 7	2:19 - 3:00	Period 7	2:19 - 3:00

10:00 Start Schedule			
First Lunch		Second Lunch	
Period 1	10:00 - 10:35	Period 1	10:00 - 10:35
Period 2	10:40 - 11:14	Period 2	10:40 - 11:14
Period 3	11:19 - 11:53	Period 3	11:19 - 11:53
Lunch	11:58 - 12:24	Period 4	11:58 - 12:32
Period 4	12:28 - 1:02	Lunch	12:37 - 1:02
Period 5	1:07 - 1:41	Period 5	1:07 - 1:41
Period 6	1:46 - 2:20	Period 6	1:46 - 2:20
Period 7	2:25 - 3:00	Period 7	2:25 - 3:00

Noon Dismissal Schedule	
Period 1	8:00 - 8:30
Period 2	8:35 - 9:05
Period 3	9:10 - 9:40
Period 4	9:45 - 10:15
Period 5	10:20 - 10:50
Period 6	10:55 - 11:25
Period 7	11:30 - 12:00

Spiritual Flex Schedule			
First Lunch		Second Lunch	
Period 1	8:00 - 8:47	Period 1	8:00 - 8:47
Period 2	8:52 - 9:39	Period 2	8:52 - 9:39
Period 3	9:44 - 10:31	Period 3	9:44 - 10:31
Mass	10:36- 11:06	Mass	10:36- 11:06
Lunch	11:06- 11:32	Period 4	11:11 - 11:58
Period 4	11:37 - 12:24	Lunch	11:58 - 12:24
Period 5	12:29 - 1:16	Period 5	12:29 - 1:16
Period 6	1:21 - 2:08	Period 6	1:21 - 2:08
Period 7	2:13 - 3:00	Period 7	2:13 - 3:00

