



HELIAS CATHOLIC HIGH SCHOOL
HOME OF THE
CRUSADERS
JEFFERSON CITY | MISSOURI



GIRLS CROSS COUNTRY 2018

NAME	YEAR
Elly Bowles	12
Amy Cook	12
Ashley Eskens	12
Maya Heckart	12
Taylor Koelling	12
Danielle Kroll	12
Reagan Taggart	12
Marcy Wicks	11
Morgan Yanksey	11
Lani Andrews	10
Madalynn Berkey	10
Natalie Schlup	10
Anna Schneider	10
Paige Allen	9
Alexa Lamb	9
Ava Morrisey	9
Lucy Muenks	9
Sabrina Schlacks	9

COACH: Brake Hake

ASSISTANTS: Steve Engelbrecht

MANAGERS: Mari Cook, Alexandra Kleene, Kaitlyn Pecher, Kaylee Fennewald

ATHLETIC DIRECTOR: Tom Guinn | tguinn@heliasticatholic.com

ATHLETIC TRAINER: Jessica Wieberg | jwieberg@heliasticatholic.com

ATHLETIC TRAINING SERVICES PROVIDED BY PEAK SPORT AND SPINE