



HELIAS CATHOLIC HIGH SCHOOL  
**CRUSADERS**  
 HOME OF THE  
 JEFFERSON CITY | MISSOURI



## TRACK AND FIELD 2019

### GIRLS

NAME	YEAR	GRADE SCHOOL
Eleanor Bax	12	St. Martin
Meagan Engelbrecht	12	Immanuel Lutheran
Martina Lorang	12	St. Stanislaus
Grace Stiefermann	12	St. Peter
Addison Boessen	11	St. Stanislaus
Emily Harrison	11	St. Joseph
Holly Hentges	11	Immaculate Conception
Rylee Kolb	11	St. Stanislaus
Taylor Lalk	11	St. Francis Xavier
Hannah Loethen	11	St. Peter
Skylar Nelson	11	St. Peter
Emma Veltrop	11	St. Peter
Sarah Vizner	11	Out of State
Taylor Woehr	11	St. Stanislaus
Lani Andrews	10	St. Martin
Cassie ODerio	10	Lewis and Clark
Coty Payne	10	St. Joseph
Piper Rackers	10	St. Joseph
Natalie Schlup	10	St. Joseph
Emma Bax	9	St. Martin
Jacie Buschjost	9	St. Stanislaus
Olivia DeSimone	9	Thomas Jefferson
Grace Fender	9	St. Martin
Jenna Hoffman	9	Lewis and Clark
Alexa Lamb	9	St. Stanislaus
Ava Morrisey	9	St. Joseph
Lucy Muenks	9	Home Schooled
Sabrina Schlacks	9	St. Peter - Fulton
Alice Stiefermann	9	St. Peter
Emma Tompkins	9	St. Peter
COACHES: Brad Hake, Leslie Verslues, Mark Ordway, Amy Schrimpf, Tom Emmel, John Crisistomo	HELIAS CATHOLIC HIGH SCHOOL 1305 SWIFTS HWY JEFFERSON CITY, MO 65109 PH: 573.635.6139 FX: 573.635.5615	
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ATHLETIC TRAINING PROVIDED BY PEAK SPORT AND SPINE		