



HELIAS CATHOLIC HIGH SCHOOL
CRUSADERS
 HOME OF THE
 JEFFERSON CITY | MISSOURI



CRUSADER WRESTLING 2019-20

NAME	YEAR	GRADE SCHOOL
Gavin Adams	12	Trinity Lutheran
Nikolai Careaga	11	St. Peter
Jace Duemmel	9	St. Peter
Korbin Fisher	9	St. Martin
Wyatt Forck	10	St. Francis Xavier
Mason Frank	9	St. Peter
Carson Hayes	9	St. Peter
Kaden Hampson	10	St. Martin
Ethan Herigon	10	Immaculate Conception
Nick Jeffries	10	Immaculate Conception
Donta Johnson	9	Lewis and Clark
Jack Klebba	9	St. George - Linn
Jake Lage	10	Immaculate Conception
Jacob Lanigan	9	St. Joseph Cathedral
Gage Lock	10	Immaculate Conception
Lincoln Mertens	11	Lighthouse Preparatory Academy
Cole Morehead	9	St. Stanislaus
Tanner Nappier	10	St. Peter
Hayden Payne	11	St. Joseph Cathedral
Brennen Prenger	9	St. Peter
Carter Prenger	9	St. Joseph Cathedral
Clay Radmacher	10	St. Francis Xavier
Curtis Rockers	12	St. Martin
Hunter Roling	11	Immaculate Conception
Aleksey Salaz	12	Thomas Jefferson
Michael Sanner	10	St. George - Linn
Nathaniel Schnieders	11	St. Joseph
Jacob Schrimpf	11	St. Stanislaus
Matthew Strope	9	St. Peter
Cody Suthoff	9	St. Peter
Alex Tesreau	11	St. Joseph Cathedral
Will Smith-Vanderfriff	9	St. Joseph Cathedral
Brodyn Van Loo	10	St. Peter
Connor Wilbers	9	St. Francis Xavier

HEAD COACH: Weston Keleher

ASSISTANT COACHES: Bryant Gaines, Mike Jeffries,
 David Nicolaescu, Logan Shea, Jeb Waite, Jacob Schulte

ATHLETIC DIRECTOR: Tom Guinn | tguinn@heliascatholic.com

ATHLETIC TRAINER: Jessica Wieberg | jwieberg@heliascatholic.com

ATHLETIC TRAINING PROVIDED BY PEAK SPORT AND SPINE

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