

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Tacos Soft and Hard • Beef Enchiladas • French Fried Tater Tots • Glazed Carrots	<b>2</b> Spicy and Plain Chicken Patty • Hot Dog on Bun • Twice Baked Potatoes • Baked Beans
<b>5</b> • Broccoli Cheese Pasta Casserole • Deep Fried Ravioli with Sauce • Chive Scalloped Potatoes • Brussels Sprouts	<b>6</b> Country Fried Steak • Pork Roast • Country Mashed Potatoes • Creamy Pepper Gravy • Corn	<b>7</b> • Spaghetti & Meat Sauce • Chicken Patty Sandwich or Spicy Chicken Sandwich • Twice Baked Potato • Steamed Peas	<b>8</b> • Chicken Pot Pie • Hot Ham & Cheese • Baked Tater Tots • Green Beans	<b>9</b> • Beef & Bean Burritos • Chicken Tetrazzini Casserette • Oven Roasted Potato Wedge • Broccoli Cuts
<b>12</b> • Pasta Alfredo Casserole • Bratwurst • Lattice Fries • Broccoli Spears with Cheese Sauce • Garlic Bread	<b>13</b> Plain or Spicy Chicken Sandwich on Bun • Meat Loaf • Mashed Potatoes & Gravy • Steamed Corn	<b>14</b> • Buttermilk Biscuits • Creamy Pepper Gravy Sausage Patty • Hash Browned Potatoes • Country-Style Scrambled Eggs • Grilled Chicken Breast • French Toast Sticks with syrup • Cheese Grits	<b>15</b> Plain or Spicy Chicken Patty on Bun • Chicken Tetrazzini Casserette • French Baked Potato Wedges • Garlic Bread	<b>16</b> • Pulled BBQ Pork Butt • BBQ Chicken • Baked Beans • Corn on the Cob
<b>19</b> Plain or Spicy Chicken Patty on Bun • BBQ Meatball Sub • French Fried Tater Tots • Glazed Carrots	<b>20</b> Chicken Lasagna • Beef & Bean Burritos • Curly French Fries • Steamed Peas	<b>21</b> • Ziti with Italian Sausage Casserette Plain or Spicy Chicken Patty on Bun • Green Beans • Bread Sticks	<b>22</b> Tacos Soft and Hard • Beef Enchiladas • French Fried Tater Tots • Glazed Carrots	<b>23</b> • Beef Ravioli • Hot Dog on Bun • Twice Baked Potatoes • Baked Beans
<b>26</b> Country Fried Steak • BBQ Pork Riblets • Mashed Potatoes & Gravy • Corn	<b>27</b> Chicken Bacon Ranch Cassarole Sweet and Sour Chicken Rice • Peas & Carrots	<b>28</b> • Meat Lasagna Pork Fritter on Bun • Glazed Carrots • Garlic Bread Sticks	<b>29</b> • Chicken Pot Pie • Spaghetti & Meat Sauce • Fried Okra • Green Beans	<b>30</b> Chef's Choice Plain or Spicy Chicken Patty on Bun • Scalloped Potatoes • Broccoli Cuts

Fresh fruit is offered daily. All Fresh Ideas menus are subject to change due to product shortage or program needs. The nutrition information is derived from published resources or information provided by Fresh Ideas suppliers. It is based on standard product formulations/serving sizes and on average values for ingredients. Variation in serving sizes, preparation techniques and sources of supply may affect the nutrition values for each product. As product formulations change periodically, you should expect some variation in the nutrient content of the products purchased in our dining facilities. Federal regulations have identified nine major food allergens: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, crustacean shellfish, and sesame seeds. Fresh Ideas does not assume responsibility for a particular allergy or sensitivity to any food provided in our dining facilities. Many of our products contain or may come into contact with or are produced at facilities that handle common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish. Please contact the Director of Dining Services if you have concerns.