



Helias Catholic High School **EXTRACURRICULAR ACTIVITIES**

Our goal at Helias Catholic High School is for all students to be involved in extracurricular opportunities as an extension of the classroom where students can achieve goals and become well-rounded young people of strong moral character.

Helias Catholic students have the responsibility to maintain high standards of personal integrity, leadership and accomplishment. We expect our students to understand that academic success always takes precedence over any extracurricular involvement.

Discipline, self-direction, self-esteem, leadership, fundamental skill development, and the enjoyment of being involved are the overall objectives of Helias Catholic activities.

Missouri State High School Activities Association (MSHSAA) School-Sponsored Sports & Activities

<u>Boys Sports</u>	<u>Girls Sports</u>	<u>Activities</u>	<u>Co-Curricular Activities</u>
Baseball	Basketball	Academic Team	Band (Marching Band, Pep Band and Symphonic Band)
Basketball	Cheerleading	Archery	
Cross Country	Cross Country	Band	Choir (Concert Choir, Chorus and Show Choir)
Football	Dance Team	Bass Fishing	
Golf	Golf	Color Guard (fall only)	
Soccer	Soccer	Speech	
Tennis	Softball		
Track	Tennis		
Wrestling	Track		
	Volleyball		

Other Helias Catholic Clubs & Activities

Art Club	Founders Club	Life Runners	Spring Musical
Bicycle Club	French Club	Medical Club	SPROUTS
Campus Ministry Crew	French Honor Society	National Honor Society	STEM Club
Chess Club	Society	Ping Pong Club	Student Ambassadors
Classics Club	Journalism Club	Robotics Club	Student Council
Club International	Library Squad	SADD	Z Club
		Shotgun Sports Team	