

# Helias Catholic High School

## 2022-2023 Bell Schedule

Regular Schedule			
First Lunch		Second Lunch	
Period 1	8:00 - 8:54	Period 1	8:00 - 8:54
Period 2	8:59 - 9:51	Period 2	8:59 - 9:51
Period 3	9:56 - 10:48	Period 3	9:56 - 10:48
Lunch	10:48 - 11:14	Period 4	10:53-11:45
Period 4	11:19 - 12:11	Lunch	11:45 - 12:11
Period 5	12:16 - 1:07	Period 5	12:16 - 1:07
Period 6	1:12 - 2:03	Period 6	1:12 - 2:03
Period 7	2:08 - 3:00	Period 7	2:08 - 3:00

Mass/Activity Schedule			
First Lunch		Second Lunch	
Period 1	8:00 - 8:42	Period 1	8:00 - 8:42
Period 2	8:47 - 9:29	Period 2	8:47 - 9:29
Period 3	9:34 - 10:16	Period 3	9:34 - 10:16
Mass/Activity	10:26 - 11:26	Mass/Activity	10:26 - 11:26
Lunch	11:26 - 11:52	Period 4	11:31 - 12:13
Period 4	11:57 - 12:39	Lunch	12:13 - 12:39
Period 5	12:44 - 1:26	Period 5	12:44 - 1:26
Period 6	1:31 - 2:13	Period 6	1:31 - 2:13
Period 7	2:18 - 3:00	Period 7	2:18 - 3:00

SADER DAY - BLUE							
80-Minute Blocks / 30-Minute Lunches							
DAY 1 First Lunch				DAY 1 Second Lunch			
Period 2	8:00 - 9:20	Period 2	8:00 - 9:20	Period 1	8:00 - 9:20	Period 1	8:00 - 9:20
Mass/Event	9:30 - 10:45	Mass/Event	9:30 - 10:45	Period 3	9:30 - 10:45	Period 3	9:30 - 10:45
Lunch	10:55 - 11:20	Sader Activity	10:55 - 11:40	Lunch	10:55 - 11:20	Sader Activity	10:55 - 11:40
Sader Activity	11:20 - 12:10	Lunch	11:40 - 12:10	Sader Activity	11:20 - 12:10	Lunch	11:40 - 12:10
Period 4	12:15 - 1:35	Period 4	12:15 - 1:35	Period 5	12:15 - 1:35	Period 5	12:15 - 1:35
Period 6	1:40 - 3:00	Period 6	1:40 - 3:00	Period 7	1:40 - 3:00	Period 7	1:40 - 3:00

SADER DAY - GOLD							
Noon Dismissal 75-Minute Blocks / 25-Minute Lunches							
DAY 1 First Lunch				DAY 1 Second Lunch			
Period 2	8:00 -- 9:15	Period 2	8:00 -- 9:15	HALF DAY			
Family Time	9:20 -- 9:30	Family Time	9:20 -- 9:30	Period 1	8:00 -- 9:15		
Mass	9:40 -- 10:30	Mass	9:40 -- 10:30	Period 3	9:20 -- 10:35		
Lunch	10:35 -- 11:05	Period 4	10:40 -- 11:55	Period 5	10:40 -- 11:55		
Period 4	11:10 -- 12:20	Lunch	11:55 -- 12:20	Dismiss	12:00		
Period 6	12:25 -- 1:40	Period 6	12:25 -- 1:40				
Period 7	1:45 -- 3:00	Period 7	1:45 -- 3:00				

Late Start Schedule			
First Lunch		Second Lunch	
Period 1	10:00 - 10:35	Period 1	10:00 - 10:35
Period 2	10:40 - 11:14	Period 2	10:40 - 11:14
Period 3	11:19 - 11:53	Period 3	11:19 - 11:53
Lunch	11:58 - 12:24	Period 4	11:58 - 12:32
Period 4	12:28 - 1:02	Lunch	12:37 - 1:03
Period 5	1:07 - 1:41	Period 5	1:07 - 1:41
Period 6	1:46 - 2:20	Period 6	1:46 - 2:20
Period 7	2:25 - 3:00	Period 7	2:25 - 3:00



Updated: 10/14/22