



HELIAS CATHOLIC HIGH SCHOOL
HOME OF THE
CRUSADERS
JEFFERSON CITY | MISSOURI



Dance 2022-2023

VARSITY

NAME	YEAR
Josie Hayden	9
Allison Echelmeyer	11
Audrey Higgins	10
Dwyn Jones	11
Emelia Lyskowski	11
Elise Martin	9
Blythe Mercer	9
Kayleigh Peters	10
Aviee Sandbothe	9
Gracie Scheulen	10
Kelly Schlueter	11
Maddox Schrimpf	10
Paxtyn Schrimpf	11
Margaret Stonner	10
Mackayla Turner	11
Alexandria Underwood	10

HEAD COACH: Alex Kendall ASSISTANT COACH: Maggie Fechtel

ATHLETIC DIRECTOR: Dwayne Clingman | dclingman@heliascatholic.com

ATHLETIC TRAINER: Kelsey Schenewerk | kschenewerk@heliascatholic.com

ATHLETIC TRAINING SERVICES PROVIDED BY PEAK SPORT AND SPINE