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Helias Catholic High School 2022-2023 Cross Country Schedule (as of 08-01-2022)

Activity	Time	Versus	Location	Location Detail
SATURDAY, AUG 27, 2022				
● Cross Country: JV Cross Country Kickoff	8:00am	TBA		Gans Creek Cross Country Course
● Cross Country: Varsity Cross Country Kickoff	8:00am	TBA		Gans Creek Cross Country Course
SATURDAY, SEP 03, 2022				
● Cross Country: JV Jim Marshall Invitational	9:00am	Jefferson City - Jays		Cole County Park
● Cross Country: Varsity Jim Marshall Invitational	9:00am	Jefferson City - Jays		Cole County Park
SATURDAY, SEP 10, 2022				
● Cross Country: JV Invitational	TBD	TBA		Forest Park St. Louis Mo
● Cross Country: Varsity Invitational	TBD	TBA		Forest Park St. Louis Mo
SATURDAY, SEP 17, 2022				
● Cross Country: JV Joplin Stampede	TBD	Joplin		Joplin High School
● Cross Country: Varsity Joplin Stampede	TBD	Joplin		Joplin High School
SATURDAY, SEP 24, 2022				
● Cross Country: JV Gans Creek Classic	8:00am	TBA		Gans Creek Cross Country Course
● Cross Country: Varsity Gans Creek Classic	8:00am	TBA		Gans Creek Cross Country Course
SATURDAY, OCT 01, 2022				
● Cross Country: JV Ha Ha Tonka Invitational	9:00am	Camdenton		Ha Ha Tonka Cross Country Course
● Cross Country: Varsity Ha Ha Tonka Invitational	9:00am	Camdenton		Ha Ha Tonka Cross Country Course
SATURDAY, OCT 08, 2022				
● Cross Country: JV Cavalier XC	9:00am	Capital City		Binder Park
● Cross Country: Varsity Cavalier XC	9:00am	Capital City		Binder Park
SATURDAY, OCT 15, 2022				
● Cross Country: JV CMAC Championship	TBD	Capital City		Binder Park
● Cross Country: Varsity CMAC Championship	TBD	Capital City		Binder Park

Activity	Time	Versus	Location	Location Detail
TUESDAY, OCT 18, 2022				
● Cross Country: Varsity Mexico Autumn Classic	4:00pm	Mexico	A.P. Green Park	
● Cross Country: JV Mexico Autumn Classic	4:00pm	Mexico	A.P. Green Park	
SATURDAY, OCT 29, 2022				
● Cross Country: Varsity Districts	TBD	TBA	TBA	
SATURDAY, NOV 05, 2022				
● Cross Country: Varsity State Championship	TBD	TBA	Gans Creek Cross Country Course	