



HELIAS CATHOLIC HIGH SCHOOL  
HOME OF THE  
**CRUSADERS**  
JEFFERSON CITY | MISSOURI



**CRUSADER BASKETBALL 2022-23**

**FRESHMAN**

#	NAME	POSITION	HT	GRADE SCHOOL
1	Claire Morris	Guard	5'6"	St. Thomas
2	Jayli Howell	Guard	5'6"	St. Stanislaus
3	Sierra Zuck	Guard	5'5"	Tuscumbia
4	Savanah Pemberton	Guard	5'8"	St. Joseph
5	Josie Francka	Guard	5'6"	St. Martin
10	Joslyn Campbell	Guard	5'5"	St. Joseph
11	Samantha Christian	Guard	5'6"	St. Thomas
30	Ruby Rockers	Guard	5'6"	St. Martin
55	Izabella Gaono	Forward	5'6"	St. Martin

HEAD COACH: Ryan Bax  
 MANAGERS: Hadley Brendel, Olivia Martin

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ATHLETIC DIRECTOR: Dwayne Clingman | dclingman@heliascatholic.com

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ATHLETIC TRAINER: Kelsey Schenewerk | kschenewerk@heliascatholic.com

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ATHLETIC TRAINING SERVICES PROVIDED BY PEAK SPORT AND SPINE

HELIAS CATHOLIC HIGH SCHOOL  
 1305 SWIFTS HWY  
 JEFFERSON CITY, MO 65109  
 PH: 573.635.6139  
 FX: 573.635.5615