



Color key: ● Home ● Away

Helias Catholic High School Track Schedule (as of 03-10-2023)

Day	Date	Activity	Time	Versus	Location	Location Detail
● Mon	03/20/2023	Track: Varsity Invitational	4:00pm	Away vs. Multiple Schools	Jefferson City High School	
● Mon	03/20/2023	Track: JV Invitational	4:00pm	Away vs. Multiple Schools	Jefferson City High School	
● Thu	03/23/2023	Track: JV Invitational	4:00pm	Away vs. Multiple Schools	Marshall High School	
● Fri	03/24/2023	Track: Varsity Invitational	3:30pm	Away vs. Multiple Schools	Blair Oaks High School	
● Tue	03/28/2023	Track: JV Invitational	4:00pm	Away vs. Multiple Schools	St. Francis Borgia High School	
● Tue	03/28/2023	Track: Varsity Invitational	4:00pm	Away vs. Multiple Schools	St. Francis Borgia High School	
● Sat	04/01/2023	Track: Varsity Invitational	TBD	Away vs. Multiple Schools	Holt High School	
● Tue	04/04/2023	Track: JV Invitational	4:00pm	Away vs. Multiple Schools	Owensville High School	
● Tue	04/04/2023	Track: Varsity Invitational	4:00pm	Away vs. Multiple Schools	Owensville High School	
● Wed	04/05/2023	Track: Varsity Meet - Girls	12:45pm	Away vs. Multiple Schools	Springfield Parkview High School	
● Thu	04/13/2023	Track: Varsity Invitational	3:45pm	Away vs. Multiple Schools	Camdenton High School	
● Thu	04/13/2023	Track: JV Invitational	3:45pm	Away vs. Multiple Schools	Camdenton High School	
● Sat	04/15/2023	Track: Varsity Invitational	10:00am	Away vs. Multiple Schools	Jefferson City High School	
● Tue	04/18/2023	Track: JV Invitational	4:00pm	Away vs. Multiple Schools	Capital City High School	
● Sat	04/22/2023	Track: Varsity CMAC Championship	10:00am	Multiple Schools	Helias Catholic High School	
● Sat	04/22/2023	Track: JV CMAC Championship	10:00am	Multiple Schools	Helias Catholic High School	
● Thu	04/27/2023	Track: JV Invitational	4:00pm	Away vs. Multiple Schools	Centralia High School	
● Fri	04/28/2023	Track: Varsity Invitational	3:30pm	Away vs. Multiple Schools	Rolla High School	
● Tue	05/02/2023	Track: JV Invitational	4:00pm	Multiple Schools	Helias Catholic High School	
● Fri	05/05/2023	Track: JV Invitational	4:00pm	Away vs. Multiple Schools	Jefferson City High School	
● Fri	05/05/2023	Track: Varsity Invitational	4:00pm	Away vs. Multiple Schools	Jefferson City High School	
● Mon	05/08/2023	Track: Varsity Invitational	4:00pm	Away vs. Multiple Schools	Centralia High School	
● Mon	05/08/2023	Track: JV Invitational	4:00pm	Away vs. Multiple Schools	Centralia High School	
● Sat	05/13/2023	Track: Varsity District Meet	TBD	TBA	TBA	
● Sat	05/20/2023	Track: Varsity Sectionals	TBD	TBA	TBA	
● Fri	05/26/2023	Track: Varsity State Meet	TBD	TBA	Jefferson City High School	
● Sat	05/27/2023	Track: Varsity State Meet	TBD	TBA	Jefferson City High School	