



HELIAS CATHOLIC HIGH SCHOOL
HOME OF THE
CRUSADERS
JEFFERSON CITY | MISSOURI



BOYS CROSS COUNTRY 2022

NAME	YEAR
Nicholas Ammons	11
Ian Benne	10
Patrick Conley	12
Sam Fick	12
Ethan Hood	9
Ian Jerozal	11
Harrison Knerschield	11
Charles Lewis	10
Nicholas Loesch	11
Brody Metzger	10
Isaac Schatzer	11
Julian Schmidt	10
Sam Schnitzler	11
Landon Strickland	10
Mason Voegeli	11
Brady Voss	12
Jonathan Wieberg	12
Ethan Wilson	12

COACH: Leslie Verslues

ASSISTANTS: Nick Reed

ATHLETIC DIRECTOR: Dwayne Clingman | dclingman@heliacatholic.com

ATHLETIC TRAINER: Kelsey Schenewerk | kschenewerk@heliacatholic.com

ATHLETIC TRAINING SERVICES PROVIDED BY PEAK SPORT AND SPINE